MET SALIH



Conscious Intimacy Coordinator
SAG-AFTRA Performer

CONTACT

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ABOUT

- With 100+ TV & Film credits and over 20 years of on-set experience, Met Salih brings a unique blend of professionalism, intuition, and compassion to her work.
- Stunt Performer, Actress, Intimacy Coordinator, Reiki Master, Sound Healer, and Yoga Teacher with thriving practices in New Orleans and Costa Rica, she is passionate about creating safe, respectful, and conscious spaces.
- Known for her deep understanding of consent, communication, and energy dynamics, Met offers a grounded, heart-centered approach that inspires trust and collaboration among cast, crew and department heads..

EXPERIENCE

- Began film career in the UK in the late 90s as PA/assistant to DPs and producers.
- BA in Film Marketing; produced and managed 250+ live events from concept to completion.
- Moved to LA in 2006: worked in production, pursued acting and supported families as a nanny.
- Relocated to New Orleans in 2010, worked closely with the NCIS: New Orleans team (50+ episodes).
- In 2020, began training and assisting as an Intimacy Coordinator, bringing extensive on-set experience and holistic background to this work.

EXPERTISE & QUALIFICATIONS

- SAG-AFTRA stunt performer, actor and production team member with deep on-set knowledge.
- Intimacy Coordination for Film & TV – Beginner/Intermediate Diploma, Laura Rikard (TIE).
- Skilled in consent, communication, and set etiquette — quick to resolve sensitive situations.
- Martial Arts Black Belt and trained in fight choreography, wire work, firearms safety.
- Certified Yoga & Breathwork Teacher (2015) | Kundalini Yoga Teacher Training (India, 2023).
- Experienced retreat host & energy worker, bringing trauma-informed awareness to intimate and emotional scenes.

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FILM & TELEVISION CREDITS

- Interview with the Vampire – Various Directors - 60 hrs (IC) 2022
- Tempest – Dir. Greg Green – 16 hrs (IC) 2024
- NCIS: New Orleans – 50+ Episodes (Stunts)
- Dawn of the Planet of the Apes, Now You See Me, Geostorm, Girls Trip, The Hunt, Claws, Walking Dead, American Horror Story, The Purge, Ms. Marvel, Jack Reacher, Reminiscence, and more.

(Full credits available at IMDb.me/metsalih)

CHARACTER & APPROACH

- Compassionate, approachable and trusted to create safe, respectful environments.
- Deep understanding of set hierarchy, etiquette and professional boundaries.
- Collaborative, energetic and highly attuned to both production needs and actor wellbeing.

INTIMACY COORDINATION SERVICES

Pre-Production: Review scripts, choreograph intimate scenes, coordinate barriers and modesty garments, align with director's vision, support casting, discuss boundaries, negotiate nudity riders, and arrange rehearsals.

On-Set: Facilitate rehearsals, maintain clear communication, uphold SAG-AFTRA protocols, ensure closed set, and support actors before, during, and after filming.

Post-Production: Review cuts for compliance, sign off on nudity riders, and offer aftercare for performers.

References available upon request.